

## EXERCISE 20 B SOLUTIONS



Please fill the gaps using these words and phrases:

"digital detox, screen time, overwhelmed, meaningful, sounds like a plan, count me in, give it a try, supposed to, suggest, come over"

- He was hesitant about sushi at first, but after some encouragement, he decided to <u>give it a try</u> and ended up loving it.
- The recipe said to bake the cake for 30 minutes, but it was still gooey inside; maybe the oven wasn't as hot as it was \_\_supposed to\_\_ be.
- 3. With the rise of remote work, many people find themselves spending more **\_\_\_\_\_screen time**\_\_\_\_\_ in virtual meetings than they ever did in the office.
- 4. Experts **\_\_\_\_\_\_\_ suggest\_\_\_\_\_\_** that you establish a regular exercise routine to improve your overall health and well-being.
- 5. Spending time with loved ones during the holidays always feels so <u>meaningful</u>, creating memories that last a lifetime.
- "We're planning a hiking trip next weekend, would you like to join?" "Absolutely, <u>count me in</u>!"
- "We're having a small gathering this Saturday, feel free to <u>come</u> over anytime after 6 pm!"
- 8. The retreat center offered a <u>digital detox</u> package, where guests surrendered their phones upon arrival to fully immerse themselves in nature and mindfulness practices.
- With exams, work deadlines, and family responsibilities all hitting at once, she felt completely <u>overwhelmed</u>.
- 10. "Let's meet at the café tomorrow afternoon for coffee and catchup?" "<u>Sounds like a plan</u>! See you there!"