

EXERCISE 15 SOLUTIONS



Please fill the gaps using these words and phrases:

"take up, indeed, do good, get into shape, pick up, give a try, contemple, not at all, in fact, why not"

1.	Regular exercise is a great way to <u>get into shape</u> and improve your health.
2.	I've decided to <u>take up</u> painting as a new creative outlet.
3.	"Did my singing bother you?" " <u>not at all</u> , I enjoyed it!"
4.	Spending time in nature can <u>do</u> you <u>good</u> , promoting mental well-being.
5.	The movie wasn't boring; <u>in fact</u> , it turned out to be quite entertaining.
6.	Thinking of joining the hiking club? why not give it a try and meet some new people?
7.	As I sit by the lake, I <u>contemplate</u> the beauty of nature and life.
8.	I'm planning to <u>pick up</u> tennis this summer, but only for fun and during my holidays.
9.	The weather forecast was gloomy, and <u>indeed</u> , it started raining in the afternoon.
10.	You've never had sushi? You should <u>give</u> it <u>a try</u> ; you might love it.