



03 - VOCABULARY: LANGUAGE LEARNING



Here are some **tips** for learning a language:

Speak by yourself. If your mind **goes blank**, breathe in and out slowly to calm yourself.

Never think you don't **have a head for** languages. Anyone can learn to speak a language

Challenge yourself to think in the new language. We all have monologues running in our head,

Read a book: When you're reading in a foreign language, you should try to **get the gist** of the text

You will meet vocabulary you don't recognize, but you can often **go through** the text again

If you need to learn it well, **go over** it just before going to sleep.

When you don't understand a word from the context, **look it up** in a dictionary

When you study it's important to **keep your mind on** the subject.

You may forget words, but sooner or later they'll **come back to** you.

Value Fluency over Accuracy. Fluency is the ability to express oneself easily and articulately. Accuracy, on the other hand, is the ability to be correct and precise.

Find a language Partner. Having the support of another person will **speed up** your learning immensely