



EXERCISE 6



Please fill the gaps using these words and phrases:

“chirp, spot, prove, heart rate, out there, melt away, leaves rustling, grounding, I get that, clear your head,”

1. The quiet sound of the _____ in the breeze brought a sense of peace to the forest walk.
2. Her _____ quickened as she approached the finish line of the race.
3. The birds began to _____ just as the sun rose over the horizon.
4. Walking barefoot on the beach served as a _____ experience, connecting her to nature.
5. When he explained how stressful his job was, I nodded and said, " _____ ."
6. Going for a long walk in nature is a great way to _____ after a busy day.
7. Somewhere _____ , in the vast ocean, a ship is sailing toward adventure.
8. She was excited to _____ a shooting star during the meteor shower.
9. He worked hard to _____ his skills to the team after joining the company.
10. As soon as she entered the warm bath, her stress seemed to _____ .