

EXERCISE 8 SOLUTIONS



Please fill the gaps using these words and phrases:

"eat healthier, it's tough, grab something on the go, organic food, a valid point, designed to, a complete overhaul, a collective effort, one step at a time, a game-changer"

- 1. The kitchen needs a complete overhaul before we can move in.
- 2. Protecting the planet requires a collective effort from everyone.
- 3. When I'm running late, I just **grab something on the go** and eat it in the car.
- 4. Don't stress. Just take it one step at a time.
- 5. I'm trying to balance work and exercise, but **it's tough** during busy weeks.
- I'm trying to eat healthier this year by cooking more meals at home.
- 7. That's a valid point. You really made me rethink my routine.
- 8. Switching to renewable energy could be a game-changer for the region.
- 9. This app is **designed to** help you track your daily habits.
- 10. She prefers buying **organic food** because she feels it's better for the environment.