

EXERCISE 7 SOLUTIONS



Please fill the gaps using these words and phrases:

"a real struggle, affect, prioritize, staying up, key, make a change, sick of, a good night's sleep, game-changer, budget for"

- 1. After camping outdoors, I couldn't wait for **a good night's sleep** in my own bed.
- 2. **Staying up** late to finish homework always leaves me tired the next day.
- 3. Good communication is **key** to maintaining strong relationships.
- 4. It's a real struggle to stay motivated during the winter months.
- 5. Sometimes you need to make a change to find real happiness.
- 6. You should **prioritize** your health over everything else.
- 7. We forgot to **budget for** the extra costs of utilities when we moved.
- 8. The weather can affect my mood more than I'd like to admit.
- 9. Learning how to cook healthy meals at home has been a gamechanger for my lifestyle.
- 10. I'm **sick of** hearing the same excuses every time.