



06 – PHOBIAS



Richard: Now Patrick do you have any phobias, are you frightened of anything?

Patrick: Well, I don't really have any phobias but, um... there are certain things that I'm frightened of, well for example spiders and **little crawly things** like that, for example, um... cockroaches. **Richard:** Cockroaches! [laughs]

Patrick: Yes, cockroaches and spiders. So in my bathroom, um... well recently I had to kill quite a few cockroaches and, so in my house if, if I see a big spider or cockroach in the bathroom or, or a lizard, a lizard running up the wall, you know, I get, I get a little bit frightened. But it's not a phobia.

Richard: You just don't like them?

Patrick: Yeah, I would prefer that they weren't there. (**Richard:** Exactly)

Patrick: So I'm not, **I'm not keen on** spiders or cockroaches or... beetles.

Richard: I've got some figures here; actually 20% of people are frightened or have a phobia of spiders. But what do you think the largest percentage is, what are most people do you think are frightened...?

Patrick: Uh... perhaps claustrophobia, maybe, people who are, who are scared of maybe small spaces like, like a lift or, or a very small room.

Richard: Yes. (**Patrick:** Perhaps?), That's number two with 30%.

Patrick: Oh, that's number two. Uh...so number one perhaps it's a fear of the dark, maybe, uh... going to sleep and then maybe they need to switch the light on? But I'm not, I'm not sure to be honest but, um...

Richard: It's actually snakes.

Patrick: Oh, snakes!

Richard: **Apparently** 45% of people have a phobia or a fear of snakes. That's number one.