



02 - VOCABULARY: A LIST OF LEISURE ACTIVITIES



Watch TV - Different types of television programs are: The News, Soap Operas, **TV series**, Reality TV, Situation Comedies (Sit-Coms), Talk Shows, Documentaries, Cartoons, Game Shows, Sports programs, Movies, Political programs, Religious programs.

Go to the cinema - You can also say **go to the movies**.

Some film categories are: Comedy, Drama, Horror, Thriller, Action, Science Fiction (Sci-Fi), Fantasy, Documentary, Musical.

Go out with friends - Sometimes when you don't do anything specific, you can say **hang out with friends**.

Spend time with family, spend time with your partner

Surf the internet - Visit your favourite websites, watch music videos, use a social networking site, etc.

Play video games - You can play games on your computer or on a game consoles, like PlayStation, X-Box, Wii, PSP, Gameboy, etc.

Play a musical instrument - Learn to play the piano, guitar, violin, cello, flute, piano accordion, mouth organ, panpipes, clarinet, saxophone, trumpet, etc.

Listen to music: pop, rock, hip hop, rhythm & blues, blues, jazz, classical, soul, heavy metal.

Read - If you like **fiction**, you can read novels, short stories, crime fiction, romance, etc. If you like **non-fiction**, you can read biographies, autobiographies, or books on history, science, philosophy, religion, or any other topic you are interested in.

Write - Many people like to write in their diary. Another name for a diary is a journal. You can also write many other things, such as poetry, novels, letters, short stories, etc.

Stay in the nature. You can go for a walk, go hiking, go to the park. You can have a picnic. You can read, sleep, kick a football around, climb trees or play on the children's playground.

Go to cultural locations and events - You can go to the museum, to an art gallery or to the zoo to see animals from around the world. You can go to concerts, plays, musicals, dance recitals and opera performances.

Go shopping - Many people like to go to **shopping malls** and areas of the city that are known for shopping to buy clothes or items for their houses and gardens.

Cook - Many people like to cook different types of food. You can make meals for breakfast, lunch and dinner. You can bake cakes, cookies, slices and pastries in the oven. Some people boast that they have a special recipe - ask them to cook it for you!

Study something - There are many things that you can study just because you find it interesting! You can study a language; you can learn a skill, such as cooking or making furniture

Art and crafts - There are many, many arts and crafts that you can learn and practice. You can paint, draw, sew, crochet, knit, sculpt, engrave, make furniture, make jewelry, or you can even create your own new art form!

Gardening - You can plant flowers, vegetables or herbs and maintain your garden by watering it, pulling the weeds and feeding it with fertilizer.

Exercise and play a sport - To stay fit and healthy, you can do exercise alone, go swimming or working out at a gym, or you can play a team sport, such as football or basketball

Do volunteer work – You can work for a charity, a local library, a retirement local animal shelters, help in the Red Cross, support Political Campaigns, and much more.

Doing nothing - You can sleep in, take a nap, chill out on the sofa.