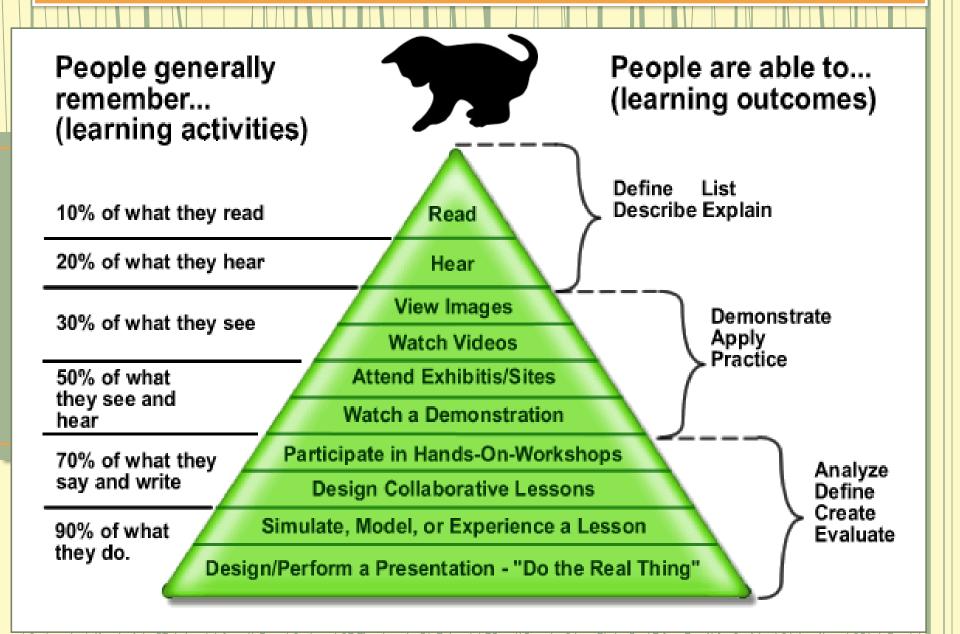
### THE CONE OF LEARNING



## MEMORIZING: PAV TECHNIQUE

**Paradox:** Incorporate surprising, unexpected, or exaggerated elements to make the information stand out.

**Action:** Imagine the information in motion, creating an animated scene where the elements interact dynamically.

**Vividness:** Enhance the mental imagery by adding bright colors, distinctive sounds, strong smells, or tactile sensations.



WORD PRONUNCIATION

**TRANSLATION** 

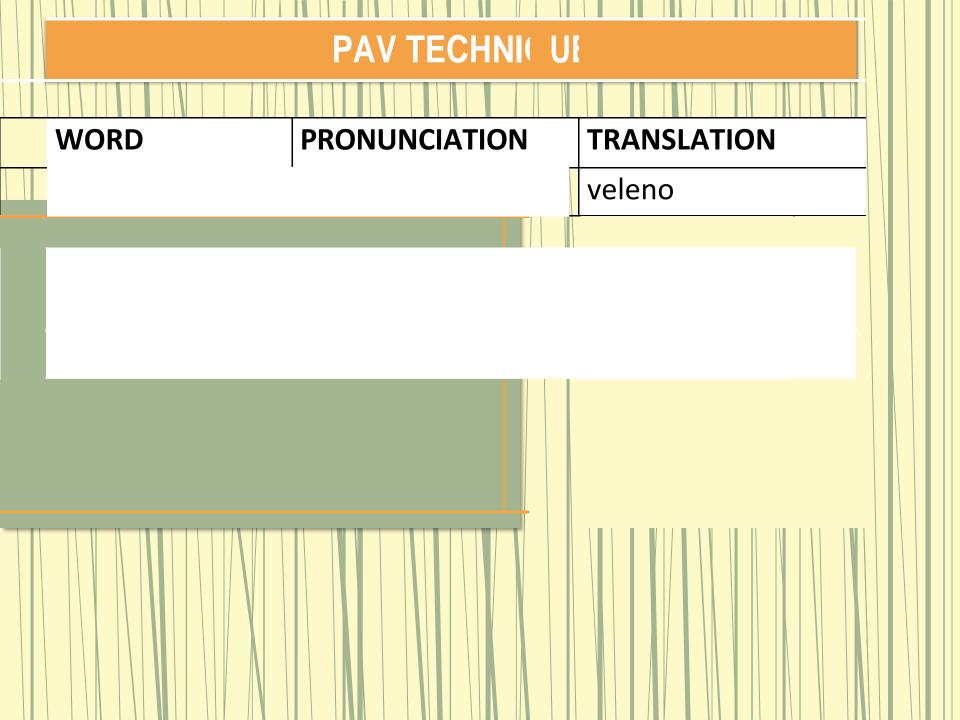
castagna



## PAV TECHNIC UE

WORD	PRONUNCIATION	TRANSLATION
cumbersome	ˈkʌmbərsəm	ingombrante





# MEMORIZING: FLASHCARDS

Flashcards are a popular learning tool used to aid memorization by presenting information in a question-and-answer format. Each card typically has:

A question, prompt, or term on one side.

The corresponding answer or explanation on the other side.

Flashcards are effective because they use **active recall** (retrieving information from memory) and **spaced repetition** (reviewing cards over increasing intervals of time). These methods strengthen memory and improve long-term retention of information. Flashcards are versatile and can be physical cards or digital versions on apps.

## MEMORIZING: FLASHCARDS - EXAMPLE

SIDE A

#### **AUMENTARE**

Ex: aumentare le vendite – aumentare la produzione

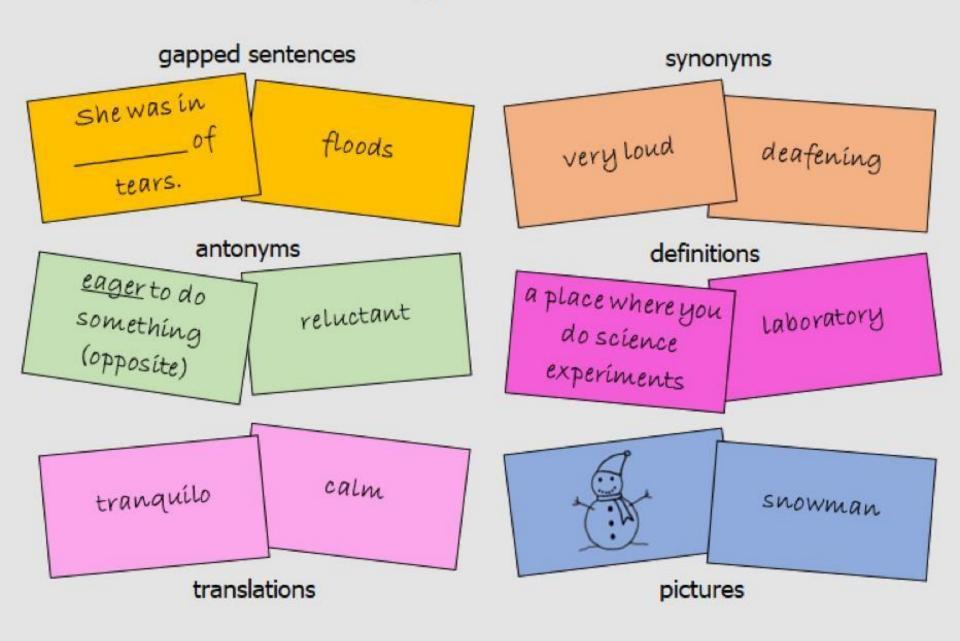
SIDE B

### INCREASE [In'kriːs]

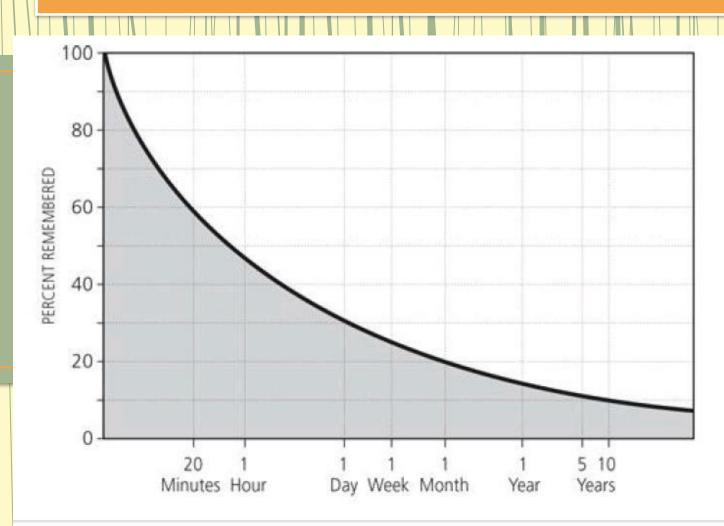
(PAV: Quando aumento vado "in crisi")

Ex: increase sales – increase production

## Different types of flash card



# SPACED REPETITION: FORGETTING CURVE



## **SPACED REPETITION:**

